

ANNEXES

Annexe 1 : Le blason de l'estime de soi de l'Idée 18

The diagram is a shield-shaped frame divided into four sections. The top section is empty. The second section is split into two columns: the left column contains the text MES QUALITÉS : and the right column contains MES FIERTÉS :. The third section is a single horizontal band containing MES SAVOIR-FAIRE :. The bottom section is a single horizontal band containing UN COMPLIMENT :.

Annexe 2 : La roue de la vie de l'Idée 83

